



MATERNAL MENTAL HEALTH AT A GLANCE




58,000 births
per year



11,600 families
impacted by MMH conditions

\$278 million cost
of untreated MMH conditions
mother's lost wages and productivity,
poor health outcomes of mother and baby




20% postpartum depression rate¹

49% births covered by Medicaid²

35 deaths per 100,000 births³
maternal mortality rate

1 CDC 2 March of Dimes 3 CDC Wonder Online Database

STATEWIDE EFFORTS		
✓	Coalition/Commission/Task Force	Alabama Perinatal Excellence Collaborative
x	Medicaid Expansion	
✓	Maternal Mortality Review	Alabama Maternal Mortality Review Program
✓	Perinatal Quality Collaborative	Alabama Perinatal Quality Collaborative
x	Psychiatry Access Program	
✓	Postpartum Support International Chapter	PSI Alabama Chapter
x	Proclamation or Resolution	
x	State Legislation or Policy	
✓	Other	Maternity Care Coordination Services – Provides coordination services among Dept of Health, Oral Health Office, Medicaid, and WIC.




COMMUNITY RESOURCES
Alabama Cohosh Collaborative (Huntsville) – Provides several projects to reduce health disparities in Alabama, including doula support and Mama Circle Huntsville.
Huntsville Postpartum Support Network (Huntsville) – A private Facebook page providing peer-to-peer support in the Tennessee Valley.
Home Visiting Collaborative Improvement and Innovation Network – Alabama is one of four states participating in this initiative, which brings together federally-funded Maternal, Infant, and Early Childhood Home Visiting Programs and local implementing agencies to develop, test, and implement specific interventions. The goal for maternal depression is that 85% of women who screen positive for depression and access services will report a 25% reduction in symptoms within 12 weeks from first service contact.
The MAMA Collaborative - Maternity and Motherhood in Alabama (Facebook) – Non-partisan group of mothers networking to take action to make Alabama a better place for moms to give birth, work, and live.