




## MATERNAL MENTAL HEALTH AT A GLANCE




**37,000 births**  
per year 

**7,400 families**  
impacted by MMH conditions

**\$178 million cost**  
of untreated MMH conditions  
mother's lost wages and productivity,  
poor health outcomes of mother and baby 

**21%** postpartum depression rate<sup>1</sup>  
**68%** births covered by Medicaid<sup>2</sup>  
**45** deaths per 100,000 births<sup>3</sup>  
maternal mortality rate

<sup>1</sup> CDC    <sup>2</sup> March of Dimes    <sup>3</sup> CDC Wonder Online Database

STATEWIDE EFFORTS		
✓	Coalition/Commission/Task Force	Arkansas Department of Health Perinatal Regionalization Committee
✓	Medicaid Expansion	
✓	Maternal Mortality Review	Arkansas Maternal Mortality Review Committee
	Perinatal Quality Collaborative	Arkansas Maternal and Perinatal Outcomes Quality Review Committee Still building collaborative; for more information, email <a href="mailto:william.greenfield@arkansas.gov">william.greenfield@arkansas.gov</a>
✓	Psychiatry Access Program	<b>UAMS Women's Mental Health Program</b> - Provides inpatient, outpatient, telemedicine, and 24/7 consultations regarding perinatal psychiatric and substance abuse issues from across the state through the Institute for Digital Health & Innovation's High Risk Pregnancy program: (866) 273-3835 or (501) 526-7425.
✓	Postpartum Support International Chapter	PSI Arkansas Chapter 
x	Proclamation or Resolution	
x	State Legislation or Policy	
✓	Other	<b>Arkansas Department of Health, Maternity Program</b> Provides prenatal care to an average of 5,000 women annually at Local Health Units. Services are provided for little or no cost.
✓	Zulresso Treatment Site	Cabot Emergency Hospital

TREATMENT	
<b>University of Arkansas</b> (Little Rock) – Provides both a 10-bed Women's Inpatient Unit and a Women's Mental Health Clinic, offering medical evaluation and management, short-term therapy, and referrals to community resources and providers.	
<b>AR Cares</b> (Little Rock) – A three-month treatment program for pregnant women or mothers with children 12 years old or younger that provides a family-centered approach to decrease maternal substance abuse and promote healthy family outcomes through prevention, treatment education, research, and advocacy.	