



MATERNAL MENTAL HEALTH AT A GLANCE




221,000 births
per year



44,200 families
impacted by MMH conditions

\$1.1 billion cost
of untreated MMH conditions
mother's lost wages and productivity,
poor health outcomes of mother and baby



10% postpartum depression rate¹

49% births covered by Medicaid²

28 deaths per 100,000 births³
maternal mortality rate

1 CDC PRAMS 2 March of Dimes 3 CDC Wonder Online Database

STATEWIDE EFFORTS		
✓	Coalition/Task Force	Florida Maternal Mental Health Collaborative Includes annual conference.
x	Medicaid Expansion	
✓	Maternal Mortality Review	Florida Pregnancy Associated Mortality Review
✓	Perinatal Quality Collaborative	Florida Perinatal Quality Collaborative
✓	Psychiatry Access Program	BH IMPACT – (HRSA-funded) Improving Maternal and Pediatric Access, Care, and Treatment for Behavioral Health.
✓	Postpartum Support International Chapter	PSI Florida website President Dr. Laura Meyer, psifl@postpartum.net
x	Proclamation or Resolution	
✓	State Legislation or Policy <ul style="list-style-type: none"> ✓ Requires screening ✓ Requires education ✓ Was funded 	Florida Families First Act of 2018 <ul style="list-style-type: none"> • Requires the Family Health Line, a toll-free hotline, to provide information about maternal mental health . • Requires hospitals and birth centers to provide new mothers a mental health screen, educational materials about postpartum depression, and the telephone number for the Family Health Line.
RESEARCH PROGRAMS		
University of Florida Health (Gainesville) – Focus group to explore use of mobile phone app to manage maternal mental health symptoms.		
Florida State University, Center for Behavioral Health Integration (Tallahassee) – Working to integrate behavioral health into primary care.		
TREATMENT PROGRAMS		
Better Beginnings (Alachua) – Mother and baby partial hospitalization program.		
University of Miami (Miami) – Perinatal psychiatric services.		
Zulresso/Brexanalone Locations	Baptist Hospital Of Miami, Better Beginnings Advent Health Orlando	
COMMUNITY RESOURCES		
Alachua County Perinatal Mental Health Coalition (Alachua) – On hiatus.		
Florida State University: Mothers' Mental Health (Tallahassee) – Information, resources & referrals.		

