



MATERNAL MENTAL HEALTH AT A GLANCE




126,000 births
per year



25,200 families
impacted by MMH conditions

\$605 million cost
of untreated MMH conditions
mother's lost wages and productivity,
poor health outcomes of mother and baby



12% postpartum depression rate¹

46% births covered by Medicaid²

66 deaths per 100,000 births³
maternal mortality rate

¹ CDC PRAMS

² March of Dimes

³ CDC Wonder Online Database

STATEWIDE EFFORTS

| | | |
|---|--|---|
| ✓ | Coalition/Task Force | Healthy Mothers Healthy Babies Coalition of Georgia Provides support groups. |
| ✓ | Medicaid Expansion | Partial expansion happened 2021, but with a work requirement, no enhanced federal funding, and covering far fewer people than full expansion. |
| ✓ | Maternal Mortality Review | Georgia Maternal Mortality Review Committee |
| ✓ | Perinatal Quality Collaborative | Georgia Perinatal Quality Collaborative |
| ✓ | Psychiatry Access Program | PEACE for Moms (HRSA-funded) Kaitlyn Kopp, MPH, Georgia Department of Public Health kaitlyn.kopp@dph.ga.gov |
| ✓ | Postpartum Support International Chapter | PSI Georgia website Shantrice Jones, MPH, CPH - president shantrice.jones@gmail.com, 404-712-1703 |
| ✓ | Proclamation or Resolution | HR707 – Maternal Mental Health Day (2019) HR1373 – Maternal Mental Health Day (2020) |
| ✓ | State Legislation or Policy | Georgia's FY20 Budget included: <ul style="list-style-type: none"> \$1 million to screen, refer, and treat maternal depression in rural and under-served areas \$50,000 to expand treatment, prevention, and recovery support services for pregnant and postpartum women with substance use disorder |



COMMUNITY RESOURCES

Mental Health America of Georgia's Project Healthy Moms. Provides resource list of healthcare providers and outlets for self-care.

TREATMENT AND RESEARCH

Emory University's Women's Mental Health Program (Atlanta). Provides active research and clinical treatment.