

MATERNAL MENTAL HEALTH AT A GLANCE



17,000 births
per year



3,400 families
impacted by MMH conditions

\$82 million cost
of untreated MMH conditions
mother's lost wages and productivity,
poor health outcomes of mother and baby



9% postpartum depression rate¹
31% births covered by Medicaid²
23 deaths per 100,000 births³
maternal mortality rate

¹ CDC ² March of Dimes ³ CDC Wonder Online Database
NOTE: Cost is calculated as follows:
(3,400 impacted) X (0.75 remain untreated) x (\$32,000 cost) = \$82 million

STATEWIDE EFFORTS

✓	Coalition/Commission/Task Force	HMHB-Hawaii and the Perinatal Support Program (State of Hawaii)
✓	Medicaid Expansion	
✓	Maternal Mortality Review	Hawaii Maternal Mortality Review Committee (Report - 2021)
✓	Perinatal Quality Collaborative	Hawaii Collaborative Health Initiative
x	Perinatal Psychiatry Access Program	
✓	Postpartum Support International Chapter	PSI Hawaii Resource Page
x	Proclamation or Resolution	
x	State Legislation or Policy x Requires Screening x Requires Education	
✓	Other	Perinatal Support Services Program. Maternal and Child Health Branch, Hawaii Department of Health. Provides services before, during and following pregnancy.



COMMUNITY RESOURCES

Healthy Mothers Healthy Babies, Coalition of Hawaii (Honolulu) – Provides many services, including mental health counseling, doula support and lactation consultation.
PPD Support HI (Aiea) – Provides free phone support, peer support group and referrals to mental health and healthcare providers. Offers education and information sessions on request.
Sunshine Therapy (Honolulu) – Provides counseling specializing in perinatal mental health.

