

MATERNAL MENTAL HEALTH AT A GLANCE



82,000 births
per year



16,400 families
impacted by MMH conditions

\$394 million cost

of untreated MMH conditions
mother's lost wages and productivity,
poor health outcomes of mother and baby



13% postpartum depression rate¹

41% births covered by Medicaid²

50 deaths per 100,000 births³
maternal mortality rate

¹ CDC ² March of Dimes ³ CDC Wonder Online Database

NOTE: Cost is calculated as follows:

(16,400 impacted) X (0.75 remain untreated) x (\$32,000 cost) = \$394 million

STATEWIDE EFFORTS

x	Coalition/Commission/Task Force	
✓	Medicaid Expansion	
✓	Maternal Mortality Review	Maternal Mortality Review Committee
✓	Perinatal Quality Collaborative	Indiana Perinatal Quality Improvement Collaborative (IPQIC)
x	Perinatal Psychiatry Access Program	
✓	Postpartum Support International Chapter	PSI Indiana Chapter - psiin@postpartum.net
✓	Proclamation or Resolution	Senate Resolution 15 (2020) – Establishes May as Motherhood Month
x	State Legislation or Policy	
	x	Requires Screening
	x	Requires Education
✓	Zulresso Treatment Location	Franciscan Health (Lafayette) St. Francis South Campus (Indianapolis)



COMMUNITY RESOURCES AND TREATMENT OPTIONS

Ascension Medical Group - St. Vincent's (Carmel) – OBGYN group.

Goodwill Nurse-Family Partnership – Pairs mothers pregnant with their first child with a registered nurse for ongoing home visits aimed at supporting mothers and families.

IU Health (Indianapolis) – Provides perinatal mood disorders program, including virtual support groups. Contact Tracey McInnes at 317-962-8191 or email tmcinnes1@iuhealth.org.

Muncie Maternal Mental Health Coalition - Aims to increase accessibility to specialized mental health care for new parents in Muncie and surrounding areas through community partnerships, education, outreach and advocacy.

