

MATERNAL MENTAL HEALTH AT A GLANCE



54,000 births
per year



11,000 families
impacted by MMH conditions

\$264 million cost
of untreated MMH conditions
mother's lost wages and productivity,
poor health outcomes of mother and baby



14% postpartum depression rate¹

48% births covered by Medicaid²

32 deaths per 100,000 births³
maternal mortality rate

1 CDC 2 March of Dimes 3 PRAMS

STATEWIDE EFFORTS

<input checked="" type="checkbox"/>	Coalition/Commission/Task Force	
<input checked="" type="checkbox"/>	Medicaid Expansion	
<input checked="" type="checkbox"/>	Maternal Mortality Review	Maternal Mortality Review Committee - 2022 Report
<input checked="" type="checkbox"/>	Perinatal Quality Collaborative	Kentucky Perinatal Quality Collaborative
<input checked="" type="checkbox"/>	Perinatal Psychiatry Access Program	
<input checked="" type="checkbox"/>	Postpartum Support International Chapter	PSI Kentucky Chapter
<input checked="" type="checkbox"/>	Proclamation or Resolution	
<input checked="" type="checkbox"/>	State Legislation or Policy <input checked="" type="checkbox"/> Requires screening <input checked="" type="checkbox"/> Requires education	Kentucky Maternal and Infant Health Project
<input checked="" type="checkbox"/>	Zulresso Treatment Location	Ohio County Healthcare (Hartford)



RESOURCES

Bloom (Louisville) – Counseling and wellness studio offering services and who have specialized training in counseling for pregnancy and postpartum mood and anxiety disorders including postpartum depression, postpartum anxiety, postpartum OCD and postpartum PTSD.

Kentucky's Health Access Nurturing Development Services (HANDS) (Frankfort) – Voluntary home visitation program for any new or expectant parents, supports families as they build healthy, safe environments for the optimal growth and development of children.

Kentucky Moms Maternal Assistance Towards Recovery (Statewide) – State-funded prevention and case management program aimed at reducing substance use and increasing positive birth outcomes for pregnant women who are at risk for negative birth outcomes. Provides education, case management, support and resources for pregnant women using substances. Read the **2021 Report**.

Pregnant and Postpartum In-Home Therapy Program, SCS (Louisville) – Provides in-home therapy and referrals to women who are currently pregnant or have given birth in the last two years and whose daily lives are affected by emotional issues.

The Postpartum Adjustment Center (Lexington) – Provides support and treatment for women with mental health issues related to childbearing.

