

MATERNAL MENTAL HEALTH AT A GLANCE



14,600 families
impacted by MMH conditions

73,000 births
per year



\$350 million cost
of untreated MMH conditions
mother's lost wages and productivity,
poor health outcomes of mother and baby



14% postpartum depression rate¹
39% births covered by Medicaid²
41 deaths per 100,000 births³
maternal mortality rate

¹ CDC ² March of Dimes ³ PRAMS

*Cost is calculated as follows:

(14,600) X (0.75 remain untreated) x (\$32,000 cost) = \$350 million

STATEWIDE EFFORTS

x	Coalition/Commission/Task Force	
✓	Medicaid Expansion	
✓	Maternal Mortality Review	Pregnancy Associated Mortality Review (PAMR) PAMR Report 2021
✓	Perinatal Quality Collaborative	Missouri Maternal-Child Learning and Action Network
x	Psychiatry Access Program	
✓	Postpartum Support International Chapter	PSI Missouri Chapter
x	Proclamation or Resolution	
✓	State Legislation or Policy ✓ Requires screening x Requires education	SB263 Provides for Postpartum Depression and Screening
✓	Other	Missouri Department of Health - provides a listing of counselors specializing in treating perinatal mood disorders. Missouri Health Foundation - Position Statement: Examining the 12-Month Postpartum Medicaid Coverage Option for Missouri
✓	Safer Childbirth Cities	Jamaa Birth Village and Generate Health STL (St. Louis) is participating in the Safer Childbirth Cities program; the goal of this initiative is to help end preventable maternal deaths by reducing disparities, promoting health equity, providing doula and perinatal support, and bolstering the care system around women during pregnancy, childbirth, and postpartum.
✓	Zulresso Treatment Locations	Barnes Jewish Hospital (St. Louis) Missouri University Health Care Missouri Psychiatric Center (Columbia)



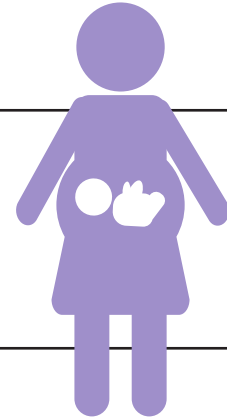
COMMUNITY RESOURCES AND TREATMENT OPTIONS

Barnes Jewish Hospital, Perinatal Behavioral Health Service (St. Louis) – Provides screening, evaluation and treatment for all individuals, and offers individual and couples therapy, psychiatry services and community resources. Provides inpatient treatment for Zolresso.

Brave Counseling and Psychiatry (Columbia) – Provides therapy and medication management.

Lutheran Family and Children's Services of Missouri - Maternal Mental Health Program

(Boone County) – Provides therapy and case management services to mothers (and their children) battling depression during pregnancy, in the postpartum period, or while parenting.



Marble Wellness (St. Louis) – Provides in-person and telehealth therapy.

Mercy Health System (St. Louis and Hazelwood) – Provides therapy, support groups, nutrition counseling, and medication management.

Missouri University Health Care (Columbia) – Provides outpatient therapy and medication management. Provides inpatient treatment for Zolresso.

Pregnancy and Postpartum Resource Center of Kansas (Serving the 5-county Kansas City area) – Nonprofit organization providing free 24/7 warmline (913.677.1300 or warmline@pprc.support), information, articles, support groups, and more.

St. Louis Behavioral Medicine Institute, The Women's Reproductive Mental Health Program (Macklind and West County) – Treats women's mental health across the lifespan, with a special focus on the reproductive years. Provides therapy, nutrition counseling, and medication management. Specializes in treating heterosexual, gay, and trans individuals and couples.

University of Missouri Kansas City (Kansas City) – Provides special locations for breastfeeding and pumping.

The Uplift Connection (Statewide) – Through the Missouri Foundation for Health, provides an interactive map to connect Perinatal Substance Use Disorder healthcare resources to improve the health of Missouri communities.

