

MATERNAL MENTAL HEALTH AT A GLANCE



12,500 births
per year



3,500 families
impacted by MMH conditions

\$60 million cost
of untreated MMH conditions
mother's lost wages and productivity,
poor health outcomes of mother and baby



41% births covered by Medicaid²
41 deaths per 100,000 births³
maternal mortality rate
postpartum depression rate unknown¹

¹ CDC PRAMS ² March of Dimes ³ CDC Wonder Online Database

STATEWIDE EFFORTS

✓	Coalition/Task Force	Montana Perinatal Association Early Childhood Coalition Maternal Mental Health Task Force
✓	Medicaid Expansion	
✓	Maternal Mortality Review	Fetal, Infant, Child & Maternal Mortality Review, and Prevention
✓	Perinatal Quality Collaborative	Montana Perinatal Quality Improvement Collaborative – Maternal deaths are currently reviewed at the county level, but Montana is in the process of establishing a statewide Maternal Mortality Review Committee (MMRC).
✓	Psychiatry Access Program	PRISM for Moms – Increases providers' capacity to address maternal depression, anxiety, substance use, and related behavioral health disorders in rural and medically underserved areas of Montana.
✓	Postpartum Support International Chapter	PSI Montana
x	Proclamation or Resolution	
x	State Legislation or Policy	
✓	Other	Healthy Mothers, Healthy Babies – The Montana Coalition Screening Protocol for Perinatal Mood and Anxiety Disorders for Primary Care Providers



COMMUNITY RESOURCES

Montana Obstetric and Maternal Support (MOMS)
Connects rural providers to obstetrical/gynecological, perinatal, mental health, and substance abuse specialists to build competency and consistency across perinatal providers.

Postpartum Resource Group (Flathead Area) – Support, advocacy, and resources.

Roots Family Collaborative (Bozeman) – Creates annual resource guide and offers regular programming.

TREATMENT PROGRAMS

Montana HealthCare Foundation's Meadowlark Initiative – Offers routine screening and treatment for substance use disorders and mental illness as a part of prenatal and postpartum care in at least one prenatal practice in each Montana community that has a hospital that provides obstetric services.

