

MATERNAL MENTAL HEALTH AT A GLANCE



7,200 families
impacted by MMH conditions

36,000 births
per year



\$173 million cost
of untreated MMH conditions
mother's lost wages and productivity,
poor health outcomes of mother and baby



N/A postpartum depression rate¹

48% births covered by Medicaid²

14 deaths per 100,000 births³
maternal mortality rate

1 CDC 2 March of Dimes 3 PRAMS

*Cost is calculated as follows:

$(7,200) \times (0.75 \text{ remain untreated}) \times (\$32,000 \text{ cost}) = \$173 \text{ million}$

STATEWIDE EFFORTS

✓	Coalition/Commission/Task Force	Nevada Maternal and Child Health (MCH) Coalition
✓	Medicaid Expansion	
✓	Maternal Mortality Review	Nevada Maternal Mortality Review Committee Report (2018-2020)
✓	Perinatal Quality Collaborative	Nevada Perinatal Quality Collaborative - in development Ingrid Mburia, PhD - imburia@health.nv.gov Christina Turner - christinaturner@health.nv.gov
x	Psychiatry Access Program	
✓	Postpartum Support International Chapter	PSI Nevada Resource Page
x	Proclamation or Resolution	
x	State Legislation or Policy x Requires screening x Requires education	
✓	Other	Nevada's Network of Care for Public Health Website, Webpage on Postpartum Depression. Nevada Alliance for Innovation in Maternal Health (AIM) (Launched in June 2021)



COMMUNITY RESOURCES AND TREATMENT OPTIONS

Maternal Minds Counseling (Las Vegas) – Collective of mental health therapists and other wellness providers offering a collaborative model of care for women, partners and families.

Nevada Maternal-Child Health Organization – Provides information about perinatal mood and anxiety disorders, along with resources such as support groups, therapy options, and resources for dads and families.