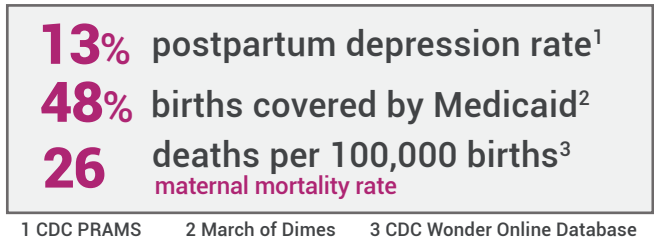
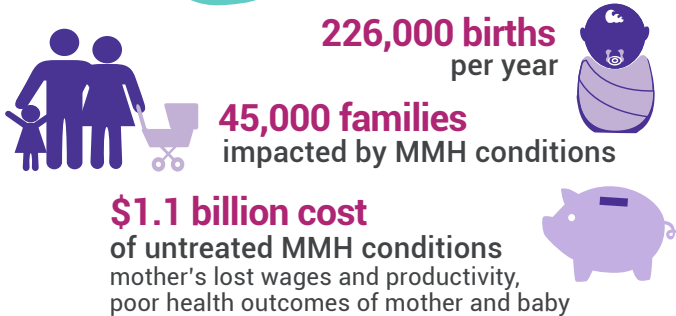
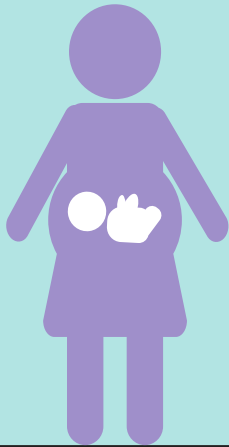


MATERNAL MENTAL HEALTH AT A GLANCE



STATEWIDE EFFORTS		
✓	Coalition/Task Force	New York State Expert Panel on Postpartum Care
x	Medicaid Expansion	
✓	Maternal Mortality Review	Taskforce on Maternal Mortality and Disparate Racial Outcomes Maternal Mortality Annual Report (2020)
✓	Perinatal Quality Collaborative	New York State Perinatal Quality Collaborative
✓	Psychiatry Access Program	Project Teach
✓	Postpartum Support International Chapter	PSI NewYork Chapter
✓	Proclamation or Resolution	Black Maternal Health Week (2019) May as Maternal Depression Awareness Month (2016)
✓	State Legislation or Policy <ul style="list-style-type: none"> ✓ Requires screening x Requires education ✓ Was funded 	<p>Governor's Women's Agenda (2018) – Requires insurance companies to include coverage for maternal depression screenings and referrals to specialists.</p> <p>S4000 / A8308 (2017) – Calls for creating a statewide database of providers and community resources that treat maternal depression.</p> <p>S7234B / A9610B (2014) – Provides information and guidelines on maternal depression screening; information on follow-up support and referrals; and public education to promote awareness of and de-stigmatize maternal depression.</p>
✓	Other	New York State - Complications of Childbirth Report (2020) Schuyler Center for Advocacy and Analysis Parental Mental Health
✓	Zulresso Treatment Sites	NYC Psychiatry (New York City) Affective Care (New York City)





COMMUNITY RESOURCES

Women's Mental Health Consortium (New York City) – Provides a centralized listing of maternal mental health practitioners; provides networking, education, and support to clinicians and researchers.

Postpartum Resource Center of New York (statewide) – Provides statewide toll free helpline in English and Spanish, statewide PMAD resource directory, and education for providers. PRC's Project 62 aims to build perinatal support systems in all 62 counties in New York State.

TREATMENT PROGRAMS

Zucker Hillside Hospital Northwell Health - Perinatal Psychiatry Services (Suffolk, Nassau, Queens) – Offers specialized inpatient Women's Unit, along with outpatient services including comprehensive evaluation, medication management, therapy, parent-child bonding coaching.

The Motherhood Center of New York (New York City) – Provides several options for treatment, including a day treatment program, counseling and consultation, support groups, and educational webinars.

The Seleni Institute (New York City) – Provides therapy and support groups to assist expectant and new mothers, along with educational programs for maternal mental health professionals.

Payne Whitney Women's Program (New York - Presbyterian Hospital / Weill Cornell Medical Center) (New York City and Westchester) – Offers consultation and treatment for pregnancy and postpartum, pregnancy loss and infertility, premenstrual mood disorders, and menopause.

RESEARCH RESOURCES

Columbia University, Perinatal Pathways Lab (New York City) – Conducting studies about maternal mental health, including **COMBO** (COVID-19 Mother-Baby Outcome Study) and **PREPP** (Practical Resources for Effective Postpartum Parenting).

Margaret Spinelli, MD (New York City) – Currently researching 12-week bilingual intervention for pregnant women with major depression. Expert in forensic psychiatry and infanticide.

Linda Chaudron, MD (Rochester) – Research focuses on perinatal depression and anxiety, as well as workforce diversity and inclusion in academic medicine.

