

MATERNAL MENTAL HEALTH AT A GLANCE



11,000 families
impacted by MMH conditions

7,000 births
per year



\$264 million cost
of untreated MMH conditions
mother's lost wages and productivity,
poor health outcomes of mother and baby



N/A postpartum depression rate¹
50% births covered by Medicaid²
40 deaths per 100,000 births³
maternal mortality rate

¹ CDC ² March of Dimes ³ PRAMS
*Cost is calculated as follows:
(11,000) X (0.75 remain untreated) x (\$32,000 cost) = \$264 million

STATEWIDE EFFORTS

x	Coalition/Commission/Task Force	
x	Medicaid Expansion	
✓	Maternal Mortality Review	South Carolina Maternal Mortality and Review Committee - 2020 Report South Carolina Maternal Morbidity and Mortality Review Committee - Legislative Brief (March 2021)
✓	Perinatal Quality Collaborative	South Carolina Birth Outcomes Initiative
✓	Psychiatry Access Program	Moms IMPACTT
✓	Postpartum Support International Chapter	PSI South Carolina Chapter
x	Proclamation or Resolution	
x	State Legislation or Policy	
	x Requires screening	
	x Requires education	
✓	Zulresso Treatment	Medical University of South Carolina



RESOURCES AND TREATMENT

Postpartum Support Charleston (Charleston Tri-county area) – A non-profit organization that supports mothers across the Charleston Tri-county area with an extensive moms-for-moms network, and connections to diverse mental and physical health expertise. Hosts an annual **Moms' Run** to raise awareness and funds.

Medical University of South Carolina (MUSC) Women's Reproductive and Behavioral Health Services (Charleston) - Provides an array of services, including preventative therapy, counseling, alternative and lifestyle interventions, psychotherapy, and medication, including Zulresso and Subutex. Also engages in research to advance perinatal mental health.

Providers specializing in maternal mental health:

- **Kelly Helms, LICSW**
- **Reproductive Journey Counseling and Support**
- **Stephanie Hope Counseling**
- **Sweetgrass Counseling**

