

## MATERNAL MENTAL HEALTH AT A GLANCE



**16,000 families**  
impacted by MMH conditions

**81,000 births**  
per year



**\$384 million cost**  
of untreated MMH conditions  
mother's lost wages and productivity,  
poor health outcomes of mother and baby



**17%** postpartum depression rate<sup>1</sup>  
**51%** births covered by Medicaid<sup>2</sup>  
**39** deaths per 100,000 births<sup>3</sup>  
maternal mortality rate

<sup>1</sup> CDC    <sup>2</sup> March of Dimes    <sup>3</sup> PRAMS

\*Cost is calculated as follows:  
(16,000) X (0.75 remain untreated) x (\$32,000 cost) = \$384 million

### STATEWIDE EFFORTS

x	Coalition/Commission/Task Force	
x	Medicaid Expansion	
✓	Maternal Mortality Review	Tennessee Maternal Mortality Review and Prevention Committee
✓	Perinatal Quality Collaborative	Tennessee Initiative for Perinatal Quality Care (TIPQC)
x	Psychiatry Access Program	
✓	Postpartum Support International Chapter	PSI Tennessee Chapter
✓	Proclamation or Resolution	Maternal Mental Health Month (2019)
x	State Legislation or Policy x Requires screening x Requires education	
✓	Zulresso Treatment	Cookville Regional Medical Center

