

MATERNAL MENTAL HEALTH AT A GLANCE



378,000 births
per year



76,000 families
impacted by MMH conditions

\$1.8 billion cost
of untreated MMH conditions
mother's lost wages and productivity,
poor health outcomes of mother and baby

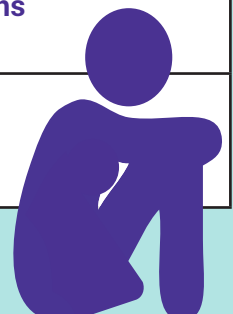


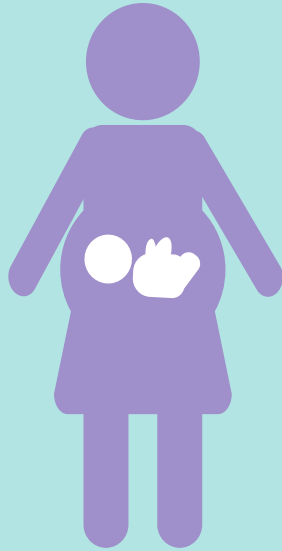
48% births covered by Medicaid²
39 deaths per 100,000 births³
maternal mortality rate
postpartum depression rate unknown¹

¹ CDC PRAMS ² March of Dimes ³ CDC Wonder Online Database

STATEWIDE EFFORTS

x	Coalition/Task Force	
x	Medicaid Expansion	
✓	Maternal Mortality Review	Texas Maternal Mortality and Morbidity Review Committee
✓	Perinatal Quality Collaborative	The Texas Collaborative for Healthy Mothers and Babies
x	Psychiatry Access Program	
✓	Postpartum Support International Chapter	PSI Texas
✓	Proclamation or Resolution	May 2016 - Postpartum Depression Awareness Month
✓	State Legislation or Policy <ul style="list-style-type: none"> x Requires screening ✓ Requires education ✓ Was funded 	<p>SB 316 (2005) – Requires healthcare professionals serving perinatal women to provide information about perinatal depression.</p> <p>HB2466 (2017) – Requires Medicaid or CHIP to cover screening and counseling.</p> <p>HB 253 (2019) – Requires a five-year strategic plan to improve access to postpartum depression screening, referral, treatment, and support services.</p>
✓	Other	<p>Postpartum Depression State Strategic Plan</p> <p>The Texas Clinician's Postpartum Depression Toolkit</p> <p>Texas Health Steps: Integrating Postpartum Depression Screening Into Routine Infant Medical Checkups</p> <p>Report: Untreated Maternal Mental Health Conditions in Texas: Costs to Society and to Medicaid</p>
✓	Zulsesso Treatment Location	<p>Lake Travis Emergency Physicians (Austin)</p> <p>The Colony ER Hospital (The Colony)</p>





COMMUNITY RESOURCES

Shades of Blue Project – Dedicated to helping women of color before, during and after child-birth with community resources, mental health advocacy, treatment and support.

Wings for Wellness (Dallas) – Provides listings of mental health providers who treat MMH conditions.

The Pregnancy and Postpartum Health Alliance of Texas (Austin) – Nonprofit provides training for providers, Provider Directory of local PMAD-trained providers, list of local support groups and resources.

TREATMENT PROGRAMS

PACE Mental Health (Houston). Treats women with psychiatric disorders before, during, and after pregnancy. Provides medication management, therapy, and substance use disorder treatments.

Texas Children's Hospital, The Women's Place - Center for Reproductive Psychiatry (Houston). Provides expertise in psychiatry and obstetrics, addressing reproductive mental health. Services include psychiatric consultation and treatment plans.

