

MATERNAL MENTAL HEALTH AT A GLANCE



5,400 births
per year



1,000 families
impacted by MMH conditions



\$24 million cost
of untreated MMH conditions
mother's lost wages and productivity,
poor health outcomes of mother and baby

12% postpartum depression rate¹

43% births covered by Medicaid²

27 deaths per 100,000 births³
maternal mortality rate

¹ CDC

² March of Dimes

³ CDC Wonder Online Database

STATEWIDE EFFORTS

✓	Coalition/Commission/Task Force	Vermont Maternal Depression Work Group
✓	Medicaid Expansion	
✓	Maternal Mortality Review	Maternal Mortality Review Panel
✓	Perinatal Quality Collaborative	Vermont Child Health Improvement Program Northern New England Perinatal Quality Improvement Network
✓	Psychiatry Access Program	Perinatal Mood and Anxiety Consultation Service - Their STAMPP (Screening, Treatment, and Access for Mothers and Perinatal Partners) program is working to expand perinatal mental health services.
✓	Postpartum Support International Chapter	PSI Vermont Chapter
x	Proclamation or Resolution	
x	State Legislation or Policy	



COMMUNITY RESOURCES

Help Me Grow Vermont (Statewide) – Provides a variety of programs and services to create strong families and promote healthy child development.

Strong Families Vermont (Statewide) – Supports pregnant people and new parents through home visits delivered by trained professionals using a continuum of services.

Parent Child Centers (Statewide) – Statewide network of centers that provide early childhood services, home visits, playgroups, parent education and support, and resources and referrals.

Vermont MOMS Partnership (Burlington) – Provides stress management courses for low-income women.

Good Beginnings of Central Vermont (Central Vermont) – Connects families with community support to help with respite, companionship and connections to community resources, parenting support and postpartum depression needs.

